

BOOMERS ABROAD



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Health Care and Americans Retiring in Mexico

By [International Community Foundation](#)



With the looming economic pressures on America's baby boom generation bro rising healthcare costs and the loss of personal wealth due to the global recession number of Americans aged 50+ are now actively considering relocating outside th retire. Because of its close proximity to the United States and its affordability, Mexi the #1 destination for Americans retiring internationally.

According to U.S. State Department estimates, in 1999 an estimated 1 million Ame living in Mexico on either a part-time or full-time basis, although a 2004 survey est the number of Americans residing in-country at between 500,000 and 600,000. reliable estimate exists for the number of American retirees now residing in Mexi past decade the number of Americans has noticeably increased as measured b growth of large-scale real estate projects, particularly in Mexico's coastal c targeted specifically at 50+ U.S. and Canadian second homebuyers and re International Community Foundation estimates that there are likely at least 300,000 American retirees or second-home owners just in these coastal areas

more.

As the number of retirees increases in the United States and abroad, so too does the pressure to secure adequate and healthcare for them. Already, the majority of Americans residing in Mexico obtain some health care services in Mexico, dental care, lower-cost prescription drugs, and routine medical exams. [Download Complete Report](#).

Note: Established in 1990, International Community Foundation is a public charity working to foster lasting philanthropy to be -served communities throughout the Americas and Asia.

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Boomers Abroad

BoomersAbroad.com was born in direct response to hundreds of conversations with baby boomers from the USA and Canada who were seeking a new life, and to better understand how they might live abroad, travel abroad, relocate abroad, retire abroad and/or invest abroad. Leading industry experts and many of those who have journeyed ahead will share their personal experiences and knowledge in a great variety of areas.

Boomers Living Abroad

The number of Americans and Canadians living abroad, by today's count approximately 7 million (according to The Washington Post), is twice the population of Chicago and greater than that of 33 U.S. States. A number that has grown steadily over the past decade, and it is expected to more than double within ten years. In the next 20 years, 100 million baby boomers, from the USA and Canada, are going to retire. Five million baby boomers turn age 60 each year, Ten Thousand per day, Eight per minute, and scores of them are purchasing property abroad as vacation homes or investment homes. Naturally, many of them are auditioning these homes for potential primary retirement residences.

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